

**Episcopal Diocese of Southern Virginia
2026 Medical and Dental Plan Monthly Rates**

PPO Medical Plans	Single	Plus One	Family
Cigna Open Access Plus PPO 100	1837	3307	5144
Cigna Open Access Plus PPO 90	1657	2983	4640
Cigna Open Access Plus PPO 80	1356	2441	3797
Cigna Open Access Plus PPO 70	1178	2120	3298
Anthem BCBS BlueCard PPO 100	1837	3307	5144
Anthem BCBS BlueCard PPO 90	1657	2983	4640
Anthem BCBS BlueCard PPO 80	1356	2441	3797
Anthem BCBS BlueCard PPO 70	1178	2120	3298

CDHP/HSA Medical Plans	Single	Plus One	Family
Cigna CDHP-15/HSA	1279	2302	3581
Cigna CDHP-20/HSA	1046	1883	2929
Cigna CDHP-40/HSA	942	1696	2638
Anthem BCBS CDHP-15/HSA	1279	2302	3581
Anthem BCBS CDHP-20/HSA	1046	1883	2929
Anthem BCBS CDHP-40/HSA	942	1696	2638

Medicare Secondary Payer Small Employer Exception (MSP SEE) Plans	Single	Plus One	Family
Cigna Open Access Plus MSP PPO 100	1475	2655	4130
Cigna Open Access Plus MSP PPO 90	1237	2227	3464
Cigna Open Access Plus MSP PPO 80	1098	1976	3074
Cigna Open Access Plus MSP PPO 70	952	1714	2666
Anthem BCBS BlueCard MSP PPO 100	1475	2655	4130
Anthem BCBS BlueCard MSP PPO 90	1237	2227	3464
Anthem BCBS BlueCard MSP PPO 80	1098	1976	3074
Anthem BCBS BlueCard MSP PPO 70	952	1714	2666

Delta Dental Plans	Single	Plus One	Family
Premium Dental	84	151	235
Comprehensive Dental	63	113	176
Basic Dental	43	77	120

Employee Assistance Program Only (Included in all medical plans)	Single	Plus One	Family
EAP purchased without a medical plan	4	4	4